

SUNRISE FILM FESTIVAL

presented by  Lowestoft
Town Council

1 - 4 AUGUST
• Lowestoft, Suffolk

Official Programme
124 Short Films
sunrisefilmfestival.co.uk



WELCOME TO OUR 2024 FESTIVAL IN LOWESTOFT



Welcome to Lowestoft's very own Sunrise Film Festival, this is our third annual film festival and 2024 is our first edition as a BIFA qualifying short film festival. This year's programme includes a fantastic selection of 124 short films selected from over 460 submissions across our 10 categories, including from local, regional and national filmmakers, plus for the first time ever, Sunrise Film Fest has selected international short films. I look forward to welcoming many of our nominees and filmmakers behind our selected films to Lowestoft in-person this August, as we continue to grow this celebration of independent film on the East Anglian Coast. A special mention should also go to all of our dedicated volunteers who make this festival possible from our screening committee members, our judges and programming team.

Festival Co-Founder,
Joshua Freemantle

OUR 2024 JUDGES



Emma Freud
Judging
British Short



Vasilisa Forbes
Judging
Experimental



Francesca Rae
Judging
Break The Stigma



Matthew Bayfield
Judging
Animated Short



Naomi Jaffa
Judging
Documentary Short



Sarah Leigh
Judging
Micro Short Movie



Tash Jagger
Judging
East Coast Short



Louise Gooch
Judging
EA Student Film



Maria Lattila
Judging
International Short



Eliza Riley
Judging
UK Student Short

This year's festival guide has been made possible thanks to the generous support of Lowestoft Town Council

Presenting partners



Supporters



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CULTURAL CONNECTIONS VOLUNTEERS

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Your Community Your Trust

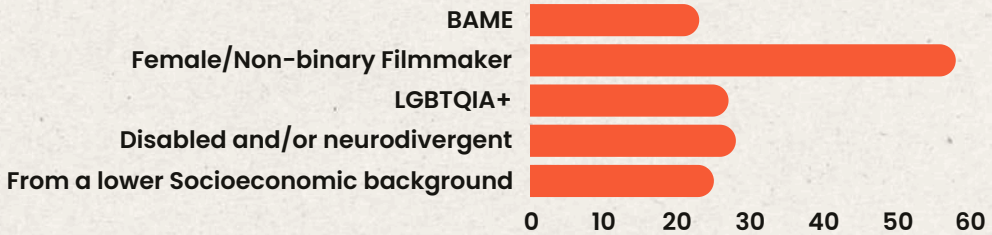
SPECIAL THANKS

Our online screening committee

Kayleigh Thorp, Mark Johnson, Aaron Cone, Meg Amsden, Shaun Jeffery, Adam Jefferys, Rhianna Barrett, Rebecca Medley, Steffan Eldridge, Harry Denton, Imogen Cooper, Steve Woodcock, Liyu Arega, Divine Hemedi, Emily-Rose Munn, Arabella Ladiero, Ellie Diddams, Nathan Worrall, Harvey Saxon-Travis, Jordy Butler, Briony Tanner, Annoushka Clear, Lydia de Matos, Georgina Allan, Chris Kwun Shing, Lau Andy, Caley Kriti, Dhanania, Casey Wong, Isabella Santini, Kosi Sessi, Jack Williams, Emily Jones, Jake Humphries, Clifford Burke, Katie McElligott Ryan, Maddie Lock, Camila Serrano, Grace Browning, Kody Mahoney, Neja Rakušček, Curtis Dunn, Noemi Urpi, Jed Wagman, Owen Dumigan, Simon Mortimer, Alex Mill, Nadia Barbu, Olivia Williams, Eleni Oulani, Heather Day, Beatriz Barreto, Hannah Newman-Smart, Narendra Patel, Maahin Akhlaque, Isobel Rogers, Faustina Okomayin, Genesis Del Mar, Eilidh McGeechan, Pearl Htike, Christina Adu, Francesco Grieco, Ann Aba, Nathan O'Grady, Eliza Salnikova, Katherine Higham, Duncan Collard, Mike Evans, Chris Hotine, Aria Harrison, Sophia Musa, Helen Roberts, Maria Bacelar, Margherita Allievi, Lucia Diaz, Marianna Di Majo Norante, Amelia Deering, Shaima Issaa, Amy Cripps-Mahajan, Liam Navey, Syed Ali, Edward Wilkinson, Eglé Ivanauskaitė, Tom Saer, Logan Findlay, Lauren Oliver, Natasha Leiper, Sofia Wickerhauser, Felix Garriock, Noghayin Ibinoba, Deirdre Heffernan, Gery Hristova, Katja Rakuscek, Alexandra Dorisca, Katie Luxford, Claire Nicolas, Julia Schoenheit, Emer Heatley, Sergiu Inizian, Serra Yurur, Lucy Fenwick Elliott, Martin Hall, Klaudia Galja, Salomeja Petronyte, Adam Morris, Montana Darling, Ryan Shi, Abbie Wilcox, Lauren Tenn, Jasmine Broome, Harry Foulger, Ethan Barnbrook, Andrew O'Brien, Ricky Wilcock, Beth Dunlop, Claire Lebowitz King, Kieran Masters, Oliver Laursen-Gore, William Addis, Josephine Brookes, Astrid Barker-Smith, Carine Hejazi, F Val kuklowsky, Megan Harding, Giuseppe Amico, Jake Abatan.

KEY STATS FROM OUR OFFICIAL SELECTION

Data was taken from responses from our survey sent out to our 124 selected short films.



2 Ways to enjoy the festival!

BOOKING



Our programme has a lot of events for you to choose from, including low-cost ticketed screenings, outdoor cinema's & free unticketed events

Festival Pass

Buy a Festival Pass for just £5 & enjoy the festival for less with unlimited entertainment across the 4 days**

Individual Tickets

Prefer to book tickets per event? You can book individual tickets for our ticketed screenings for just £3*

Book tickets by scanning our QR code or visiting sunrisefilmfestival.co.uk

Our physical Box Office will be open during the festival 9:30am – 4:30pm each day & located at the Marina Theatre



Polite note:

Please note your pass does not guarantee automatic entry and free booking with your pass is recommended by entering your 'pass/membership' unique reference number which will give you free entry to screenings.

*Individual ticket prices for our outdoor cinema screenings vary.

**Our festival pass excludes free access to our outdoor cinema screenings.

VISITING LOWESTOFT

We can't wait to welcome you to our town this August for a celebration of independent film, and a discovery of undiscovered talent that deserves to be championed!

Our Venues

MARINA THEATRE

Suffolk's number one venue on the coast for theatre, music, comedy & as of now, the home of our film festival.

**Address: Marina Theatre,
Marina, NR32 1HH**

SAMS WELLBEING HUB + CAFE

An intimate warm & relaxing space in the heart of Lowestoft

**Address: Sams,
131-132 Bevan St East, NR32 2AQ**

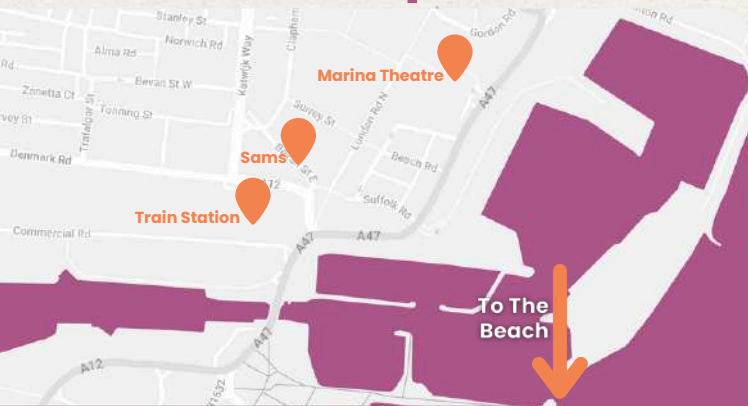
PARCELS OFFICE EXHIBITION SPACE

A beautifully restored exhibition space, inside the original Parcel's office at Lowestoft's Railway Station

**Address: Railway Station,
Denmark Road, NR32 2EG**



Lowestoft Map



For our full guide visit
our website or scan
the QR code above

#sunrisefilmfest

MARINA THEATRE
LOWESTOFT

Sams
WELLBEING HUB + CAFE

LOWESTOFT
CENTRAL
PROJECT



Family Friendly Feast (PG)

Join us for a delightful morning of cinematic magic with our special strand of short films entitled 'Family Friendly Feast'.

🎟️ Marina Theatre | 10AM - 12:30 PM

Drink &
Draw



Drink & Draw (Free)

Come & join us for some stress free drawing and colouring in, design your own film festival postcard.

Sams | 12:30PM - 1:30 PM



Sharing Our Stories Vol.1 (15)

Immerse yourself in a tapestry of compelling narratives with our strand of short films entitled 'Sharing Our Stories'.

🎟️ Marina Theatre | 1PM - 2:30 PM



It's Giving Drama Vol.1 (15)

Prepare for an emotional rollercoaster with our captivating strand of short films entitled 'It's Giving Drama'.

🎟️ Sams | 3PM - 4PM



East Anglia On Film + Q&A (15)

Celebrate the rich cultural heritage and stunning landscapes of East Anglia with our special strand of short films entitled 'East Anglia On Film'.

🎟️ Marina Theatre | 4:30PM - 6PM



BFI Scene: Filmmaking In East Anglia (Free)

BFI Film Academy SCENE are events that give space for young filmmakers and writers to watch new short films, learn from industry professionals and network with peers.

🎟️ Sams | 6:30PM - 8:30PM



Are You Afraid (15) - Late Night Horror + Thrillers


Prepare yourself for a spine-chilling experience with our late-night strand of short films entitled 'Are You Afraid?'

🎟️ Sams | 9:30PM - 10:30PM



Break The Stigma + Q&A (15)


presented by **Access Community Trust**
Join us for a powerful and enlightening morning with our special strand of short films entitled 'Break The Stigma.'

 **Marina Theatre | 10:30AM - 12PM**



Sharing Our Stories Vol.2 (15)


Immerse yourself in a tapestry of compelling narratives with our strand of short films entitled 'Sharing Our Stories'.

 **Sams | 11:30AM - 12:30PM**



Next Gen Film (15)

Discover the future of film with our exciting strand of short films entitled 'Next Gen Film.'

 **Marina Theatre | 1PM - 2:30PM**



Candy Bracelet Making (Free)


Come & join us for some free candy bracelet making, (swiftie style, not the edible ones). Join us in our relaxing space, network with others who are attending our festival and make some stylish accessories.

Sams | 1:30PM



It's Giving Comedy Vol.1 (12A)

Get ready to laugh out loud with our uproarious strand of short films entitled 'It's Giving Comedy'.


 **Sams | 3PM - 4PM**



Outdoor Cinema: Ratatouille (PG)

+ Family Friendly Shorts

Join us for the beloved animated classic, Ratatouille! This family-friendly event promises fun, laughter, and a dash of culinary inspiration for all ages.

 **Marina Theatre Yard | 6:30PM**



Out & Proud (15)

Celebrate love, identity, and diversity with our empowering strand of short films entitled 'Out & Proud'. This collection features a vibrant collection of LGBTQ+ short films that honour the experiences, struggles, and triumphs of the LGBTQ+ community.

🎟️ Marina Theatre | 10AM - 11:15AM



It's Giving Drama Vol.2 (15)

Prepare for an emotional rollercoaster with our captivating strand of short films entitled 'It's Giving Drama'.

🎟️ Sams | 11:30AM - 12:30PM



Networking (Free)

Network with others who are attending our festival, discuss the day's events and find collaborators for your next projects.

Sams | 12:15PM



Our Natural World

Immerse yourself in the beauty and wonder of nature with our captivating strand of short films entitled 'Our Natural World.'

🎟️ Marina Theatre | 1PM - 2:30PM



Getting Into Film Journalism with Gavin Spoons (Free)

Join Gavin Spoons, Writer and Story Designer Gavin Spoons shares his journey in how he got into film journalism.

Sams | 1:30PM-2:30PM



It's Giving Comedy Vol.2 (12A)

Get ready to laugh out loud with our uproarious strand of short films entitled 'It's Giving Comedy'.

🎟️ Sams | 3PM - 4PM

Powerful Stories + Q&A (12A)

Experience the emotional and transformative power of cinema with our compelling strand of short films entitled 'Powerful Stories'.

🎟️ Marina Theatre | 4:30PM - 6PM

Outdoor Cinema: Priscilla (15) + Comedy Themed Shorts


Join us for the iconic musical adventure, Priscilla Queen of the Desert! This event promises fun, fabulousness, and unforgettable entertainment for all.

🎟️ Marina Theatre Yard | 6:30PM



Romance Is A Funny Thing (15)

Join us for an enchanting and delightful screening with our charming strand of short films entitled 'Romance Is A Funny Thing'.

 **Marina Theatre | 10AM - 11:15AM**



Candy Bracelet Making (Free)

Come & join us for some free candy bracelet making, (swiftie style, not the edible ones). Join us in our relaxing space, network with others who are attending our festival and make some stylish accessories.

Sams | 10AM



Let's Talk Mental Health (15)


Join us for a profound and enlightening screening with our insightful strand of short films entitled 'Let's Talk Mental Health'.

 **Sams | 11:30AM - 12:40PM**



A Little Different Vol.2 (15)

Explore the unconventional and the extraordinary with our unique strand of short films entitled 'A Little Different'.

 **Marina Theatre | 11:45AM - 12:45PM**



Networking (Free)


Network with others who are attending our festival, discuss the day's events and find collaborators for your next projects.

Sams | 1PM




Oskabright Best of The Fest (12A)

Our friends over at Oskabright have put together a pick n mix of some of the highlights from Oska Bright Film Festival 2024, the world's biggest international film festival featuring work by learning disabled and autistic.

 **Marina Theatre | 1:15PM - 2:45PM**


Micro Short Movies (15)

Explore the magic of Micro Short Movies with this strand, all the films featured are no longer than 3 minutes.

 **Sams | 2PM - 2:30PM**

Between Head & Heart + Q&A (15)

Join us for an extra special last screening at the 2024 fest. Immerse yourself in the poignant and compelling narratives with our touching strand of short films entitled 'Between Head & Heart'.

 **Marina Theatre | 3PM - 4:30PM**

OUTDOOR CINEMA'S



Our Outdoor Cinema's at the Marina Theatre in The Yard, are powered by silent cinema headphones.

Friday 2 Aug - 6:30PM

Ratatouille (PG) + Family Friendly Shorts



For more information or to book tickets visit our website or scan the QR code



Highlights of the Evenings:

- **Pre-Movie Fun:** Arrive early to enjoy a variety of pre-movie activities including a selection of family friendly short films and a silent disco to get everyone in the festive spirit.
- **Snacks & Drinks:** Savour delicious treats from the Marina Theatre cafe offering a variety of snacks, from popcorn to savoury delights.
- **Best Picnic Blanket Competition:** Show off your creative side by decorating your picnic blanket. The most creatively themed blanket will win a fantastic prize!
- **For just £1:** Pre-book a seat and blanket, so you can just turn up without having to worry about bringing your own (limited availability).

What to Bring:

- Blankets or low-back chairs for comfortable seating (or reserve a seat and a blanket whilst booking your tickets for just £1).
- You'll be able to enjoy some yummy food offerings and drinks from the Marina Theatre cafe or you can bring your favourite snacks (please refrain from bringing any glass).
- Warm clothing as the evening may get chilly.

Saturday 3 Aug - 6:30PM

Priscilla (15) + Comedy Shorts



For more information or to book tickets visit our website or scan the QR code



Important Information:

- Blankets, cushions and small picnic chairs are allowed.
- Rain ponchos will be available to purchase at the event.
- The screenings are licensed events, no alcohol can be brought in from the outside but customers can bring non-alcoholic drinks and snacks.
- Marina Cafe will be providing alcoholic drinks, snacks, soft drinks and popcorn will be available.

Come together with family and friends for a memorable night of film, food, and fun at the Sunrise Film Festival's outdoor cinema screenings.

Ticket Pricing:

General Admission - £5
Adult + Child - £6.50
Group Ticket - £10

Weather: Please note due to the nature of our equipment this weather will **still take place** rain or shine, except if the safety of the public and team members is put at risk due to extreme weather conditions.



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The Cafe Will Be Open From 9am Everyday During Sunrise Film Festival

Standard opening times
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Find us at

131-132 Bevan Street East | Lowestoft | NR32 2AQ

Socials @samslowestoft | Email sams@accessot.org

proudly part of
access

Your Community Your Trust



The Marina Theatre is at the heart of the community in Lowestoft and has stood as an iconic part of the landscape for over 100 years. We present live entertainment, stand-up comedy, drama, music, dance, films, and screenings.

From popular names like Rhod Gilbert and Jools Holland to our recently launched Marina Comedy Club there's something for everyone at the Marina!

Our friendly Café is open 10am - 3pm, Tuesday - Saturday (plus 1 hour before evening shows) serving homemade soups and handmade scones. Perfect for a light lunch or a pre-show supper.



Marina Theatre
Lowestoft NR32 1HH
www.marinateatre.co.uk
01502 533200

**MARINA
THEATRE**
LOWESTOFT

FREE

ACROSS THE FEST

Join us at the Parcel's Office Exhibition Space at Lowestoft Train Station, open daily across the festival from 11am-3pm.

Past Projections: Lowestoft's 13 Silver Screen's

Kindly supported by Poetry People

Delve into the history of Lowestoft's 13 Silver Screens which all once stood proudly in the Town.

Past Projections, will showcase each individual cinema, from the events of the by gone days to venues that still stand proudly in this today including our very own venue partner the Marina Theatre.

This Exhibition is kindly supported by Poetry People, Images used are part of the Jack Rose & Bert Collyer Collection.

2024 Nominees Showcase

Discover our 49 2024 Nominees that are part of our 2024 editions Official Selection.

This exhibition will showcase each individual film that is a nominee in each category and highlight the filmmakers behind them.

Secret Shorts (Micro Short Movies)

Join us for some secret shorts in the exhibition space and immerse yourself in our Micro Short Movies.

Don on a pair of our super cool headsets, choose which collection of micro short movies you want to watch, sit back and enjoy the movie magic.

Your support goes a long way!


All ticket proceeds from the festival, including any donations made, are donated to local charity Access Community Trust who are based in Lowestoft.

Originally founded as a night shelter for homeless individuals, Access has steadily grown over the decades and its staff and volunteers work tirelessly to support some of the most vulnerable across our communities in Suffolk & Norfolk.

access

Your Community Your Trust

#SUNRISEFILMFEST



**Please complete our
feedback survey & let us
know what you thought!**



Or visit
sunrisefilmfestival.co.uk/survey-2024



Programme created by
SUNRISE
STUDIOS

*All information was correct at the time of printing.